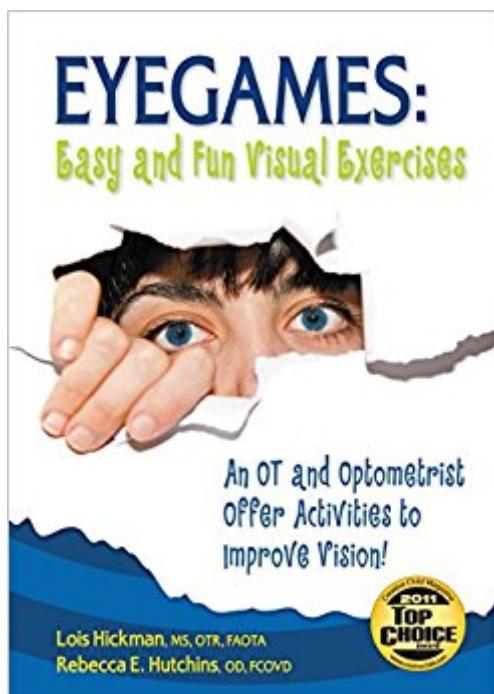


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# **Eyegames: Easy And Fun Visual Exercises: An OT And Optometrist Offer Activities To Enhance Vision!**



## **Synopsis**

Developing healthy visual-motor abilities is more difficult in the complex stimulus of today's world than ever before. Our visual experiences can be overwhelmed by the vast complexity of artificial colors and sounds which did not exist in our ancestors' lives. Much more time is spent indoors, exposed to a myriad of unnatural colors, movement and imagery. We hibernate inside, interacting with machines instead of being out in the sunlight, looking at the far horizons, exploring natural environments. More and more time is spent sitting rather than moving, watching rather than doing. Here is a book that has: An overview of the development of vision, with a checklist of warning signs of vision problems-based on the studies of behavioral optometry A discussion of the importance of integrating all the senses equally in the development of optimal visual skills, rooted in the field of occupational therapy Practical, playful activities designed to improve visual skills in both adults and children. Excellent for use at home, in the clinic, at school, or amid outdoor settings

## **Book Information**

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## **Customer Reviews**

"At last! A wonderful guide showing how the collaboration between behavioral optometry and occupational therapy can benefit children. This booklet should be used in every school in America! If educators and parents understand the importance of vision to learning and behavior, far fewer students would need special education." • Patricia Lemer MS, NCC Director of Developmental Delay Resources

Lois Hickman, MS, OTR, FAOTA maintains a private clinic at her organic farm in Lyons, Colorado, where she works with children and adults. Her key treatment components emphasize Sensory Integration theory and practice and the use of music. Lois is also recognized for her work with Fragile X Syndrome clients. In 1998, the Occupational Therapy Association of Colorado awarded Lois its highest honor, the Marjorie Ball Award of Merit, for her outstanding contribution to the field of occupational therapy. In 2000, Lois was honored by being selected as a "Fellow of the American Occupational Therapy Association." Dr. Rebecca E. Hutchins, O.D., FCOVD encourages her patients to "look beyond 20/20---beyond eyesight and into vision." Dr. Hutchins prides herself in taking the time needed to fully evaluate the visual system. She frequently confers with other professionals, including teachers, special educators, pediatric occupational therapists, speech pathologists, school psychologists, chiropractors, osteopaths, cognitive rehabilitation providers, and EEG neurofeedback professionals.

I'm a school OT and I got this book to learn about more techniques to use with my students; however, I'm having visual issues trying to read it! I've only gotten to the second section (p. 22) and have run into serious issues comprehending the information because one page will stop at the end of a sentence, but the first line on the next consecutive page starts mid-sentence! Some pages end mid-sentence, but the sentence that starts the following page is another thought or concept. I really hope I can get something out of this book. (I flipped ahead and this problem happens frequently throughout the entire book!) I'm seriously disappointed.

This was a very basic book with some interesting ideas. My biggest complaint was that the book felt like it was missing sections from one page to the next. I saw more than one instance where a page was started mid-sentence or an activity was described out of the blue. In fact, it happened quite too often to be considered a rare, editing error. If not for all the errors, I would have called this book a nice quick reference book for professionals, or a good "starter" book for those not familiar with visual perceptual processing disorders. Unfortunately, I will not be recommending this book to colleagues or clients because, to be honest, it was frustrating to read at times.

This book was disappointing. I was hoping for more information and treatments I could use in my TBI practice. I found about 3 new ideas that I could take away from this book. However, the biggest disappointment was the poor editing. It was awful to try and read this book! Frequently, a page would end with a period, but the next page would start mid sentence and/or mid activity. I would not

recommend this book for that reason alone.

It is good to be reminded of things we can do daily to strengthen our eyes. I was born with eye tracking problems and continue to work on finding ways to strengthen my eyes.

I work with adults and wanted to find a good resource about how to help my patients after stroke resolve their vision issues. This is not the book for that. It is geared towards children, which is fine, but not really stated in the description. It does have some decent info on vision issues, but overall not what I was hoping for.

I agree with others. There is something wrong with the publication of this book. The pages don't seem to be in the right order, or there are missing sections. It should be called "Mindgames" because it's readable. The publisher needs to fix this book. Is there a way of getting a corrected copy?

This book was a huge disappointment- I thought it would be filled with eye exercises for everyone- but it seems to focus on children with sensory issues. Might have been my fault but I am really disappointed.

Very good resource. Great explanation of vision development and link with proprioception and vestibular system. I have referenced it often.

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